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| **August 2018 Building 200 K131** | | | | | | |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|  |  |  | 1  8:15-9:00am  Olga Antipova  Yoga/Pilates  11:40-12:25pm  Olga Antipova  Step Kickboxing | 2  11:40-12:25pm  Lynne Brooks  Mindful Movement | 3  8:15-9:00am  Olga Antipova  Yoga/Pilates  11:40-12:25pm  Deb Curry  Trim & Tone | 4 |
| 5 | 6  11:40-12:25pm  Olga Antipova  Kickboxing | 7  8:15-9:00am  Olga Antipova  Yoga/Pilates  11:40-12:25pm  Rosemary Stanton  Trim & Tone | 8  8:15-9:00am  Olga Antipova  Yoga/Pilates  11:40-12:25pm  Julie Muzzarelli  Combo | 9  11:40-12:25pm  Sanja Tepavcevic  Dynamic Yoga | 10  8:15-9:00am  Olga Antipova  Yoga/Pilates  11:40-12:25pm  Olga Antipova  Circuit 60 | 11 |
| 12 | 13  11:40-12:25pm  Dan Applegate  Trim & Tone | 14  8:15-9:00am  Olga Antipova  Yoga/Pilates  11:40-12:25pm  Rosemary Stanton  Trim & Tone | 15  8:15-9:00am  Olga Antipova  Yoga/Pilates  11:40-12:25pm  Olga Antipova  Sticks | 16  11:40-12:25pm  Olga Antipova  Step Kickboxing | 17  8:15-9:00am  Olga Antipova  Yoga/Pilates  11:40-12:25pm  Lynne Brooks  Mindful Movement | 18 |
| 19 | 20  11:40-12:25pm  Dan Applegate  Trim & Tone | 21  NO MORNING CLASS  11:40-12:25pm  Julie Muzzarelli  Step Aerobics | 22  NO MORNING CLASS  11:40-1:00 pm  ANNUAL PICNIC | 23  11:40-12:25pm  Kevin Crosson  Trim & Tone | 24  NO MORNING CLASS  11:40-12:25pm  Kevin Crosson  Trim & Tone | 25 |
| 26 | 27  11:40-12:25pm  Olga Antipova  Kickboxing | 28  NO MORNING CLASS  11:40-12:25pm  Kevin Crosson  Trim & Tone | 29  NO MORNING CLASS  11:40-12:25pm  Rosemary Stanton  Trim & Tone | 30  11:40-12:25pm  Sanja Tepavcevic  Dynamic Yoga | 31  8:15-9:00am  Olga Antipova  Yoga/Pilates  11:40-12:25pm  Olga Antipova  Sticks |  |

President-Rosemary Stanton, Ext. 1142; Vice-President-Ann Oliver, Ext. 6936; Secretary-Colleen Tobolic, Ext. 3663; Treasurer-Kim Pattison, Ext. 8645