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| **August 2018 Building 200 K131** |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|  |  |  | 18:15-9:00amOlga AntipovaYoga/Pilates11:40-12:25pmOlga AntipovaStep Kickboxing | 211:40-12:25pmLynne BrooksMindful Movement | 38:15-9:00amOlga AntipovaYoga/Pilates11:40-12:25pmDeb CurryTrim & Tone | 4  |
| 5 | 611:40-12:25pmOlga AntipovaKickboxing | 78:15-9:00amOlga AntipovaYoga/Pilates11:40-12:25pmRosemary StantonTrim & Tone | 88:15-9:00amOlga AntipovaYoga/Pilates11:40-12:25pmJulie MuzzarelliCombo | 911:40-12:25pmSanja TepavcevicDynamic Yoga  | 108:15-9:00amOlga AntipovaYoga/Pilates11:40-12:25pmOlga AntipovaCircuit 60 | 11 |
| 12 | 1311:40-12:25pm Dan ApplegateTrim & Tone | 148:15-9:00amOlga AntipovaYoga/Pilates11:40-12:25pmRosemary StantonTrim & Tone | 158:15-9:00amOlga AntipovaYoga/Pilates11:40-12:25pmOlga AntipovaSticks | 1611:40-12:25pmOlga AntipovaStep Kickboxing | 178:15-9:00amOlga AntipovaYoga/Pilates11:40-12:25pmLynne BrooksMindful Movement | 18 |
| 19 | 2011:40-12:25pmDan ApplegateTrim & Tone | 21NO MORNING CLASS11:40-12:25pmJulie MuzzarelliStep Aerobics | 22NO MORNING CLASS11:40-1:00 pmANNUAL PICNIC | 2311:40-12:25pmKevin CrossonTrim & Tone | 24NO MORNING CLASS11:40-12:25pmKevin CrossonTrim & Tone | 25 |
| 26 | 2711:40-12:25pmOlga AntipovaKickboxing | 28NO MORNING CLASS11:40-12:25pmKevin CrossonTrim & Tone | 29NO MORNING CLASS11:40-12:25pmRosemary StantonTrim & Tone | 3011:40-12:25pmSanja TepavcevicDynamic Yoga | 318:15-9:00amOlga AntipovaYoga/Pilates11:40-12:25pmOlga AntipovaSticks |  |

President-Rosemary Stanton, Ext. 1142; Vice-President-Ann Oliver, Ext. 6936; Secretary-Colleen Tobolic, Ext. 3663; Treasurer-Kim Pattison, Ext. 8645